

My Reflections and Notes

As you navigate **Planning for the Future: A Guide to Transition**, you can jot down the information that's most important to you, plus questions and next steps. You don't need to look at all the information. Focus on the parts that are relevant to you and your interests.

	Notes to Self (Useful Information to Remember)	Additional Resources	Questions I Have	Next Steps
Example: Pre-Employment Transition Services	Pre-Employment Transition Services (Pre-ETS) is free and I would like to do work-based learning and get paid for an internship.	My state's VR agency contact info: https://www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/default.aspx	Who coordinates Pre-ETS at my school? How do I enroll?	Talk to my IEP case manager about Pre-ETS. Contact my state's Vocational Rehabilitation agency
I'm in high school and want to explore future opportunities.				
Career Exploration (Career Clusters)				
Pre-Employment Transition Services				
Career and Technical Education				
Dual Enrollment		Dual Enrollment Considerations		

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I have an IEP. What should I know about transition planning?				
Transition Planning Under IDEA				
Understanding My Disability		Understanding Your Disability and How It Impacts You		
Self-Advocacy (Including IEP Goals)				
Strengths-Based IEPs				
Summary of Performance		Summary of Performance Nationally Endorsed Template		
I'm headed to college. What should I know?				
Rights and Responsibilities in College				
Disability Disclosure and Requesting		Searching for Information About Your College's Disability Services		
Accommodations				

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I'm headed to the workforce. What should I know?				
Vocational Rehabilitation				
American Job Centers		American Job Centers		
Rights and Responsibilities as an Employee				
Disability Disclosure and Accommodations in Employment				